

MiniRoos Under 8-11



MiniRoos Format	4 - 7 age group	8 - 9 age group	10 - 11 age group
Number of Players	4 players per team	7 players per team (incl. goalkeeper)	9 players per team (incl. goalkeeper)
Field Size	Length: 30m Width: 20m	Length: 40m - 50m Width: 30m x 40m	Length: 60m - 70m Width: 40m x 50m
Penalty Area	No penalty area	5m deep x 12m wide (use markers)	5m deep x 12m wide (use markers)
Ball Size	Size 3	Size 3	Size 4
Goal Size	Width: 1.5m - 2m Height: 0.9m - 1m	Width: 2.5m - 3m Height: 1.8m - 2m	Width: 4.5m - 5m Height: 1.8m - 2m
Goal Type	portable goals, poles, or cones	portable goals, poles, or cones	portable goals, poles, or cones
Goalkeeper	No	Yes	Yes
Duration of Game	2 x 15-20min halves (plus 5 - 7min half-time break)	2 x 20min halves (plus 5 - 7min half-time break)	2 x 25min halves (plus 5 - 7min half-time break)
Results Recorded	No	No	No

Basic Rules

Under 8-11 age group

- Start of play & re-start after a goal - Pass forward to a team mate from the middle of the half way line. All players must be in their own half of the field of play. Opponents must be at least 5m away from the ball until it is in play. The ball must touch a team mate before a goal can be scored.
- Ball crossing the touch line - Throw in. Opponents must be at least 5m away from the ball until it is in play.
- Ball crossing the goal line after touching the defending team last - Corner kick. Opponents must be at least 5m away from the ball until it is in play.
- Ball crossing the goal line after touching the attacking team last - Goal kick from anywhere within the penalty area. Opponents remain at least 5m outside the penalty area until the ball is in play. The ball is in play once it is kicked directly out of the penalty area
- Goalkeepers - The goalkeeper is allowed to handle the ball anywhere in the penalty area. To restart play after a save or gathering the ball with their hands, the ball must be thrown or rolled from the hands or played from the ground with their feet, within 6 seconds. The goalkeeper is not allowed to kick or drop kick the ball directly from their hands. Opponents must be at least 5m outside the penalty area and cannot move inside the penalty area until the ball is in play.
- Under 8 & 9 - The ball is in play once it moves out of the penalty area.
- Under 10 & 11 -The ball is in play once it moves out of the penalty area or when the goalkeeper places the ball on the ground.
- Fouls and misconduct - Indirect free kicks are awarded for all acts of handball or fouls and misconduct with opponents at least 5m away from the ball. (An indirect free kick is where a goal can be scored only if the ball subsequently touches another player before it enters the goal). For deliberate or serious acts of handball or fouls and misconduct in the penalty area, a penalty kick is awarded from an 8m penalty mark with only a goalkeeper in position. All other players must be outside the penalty area and be at least 5m behind the penalty mark